



Fear of the Ocean

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Level 1



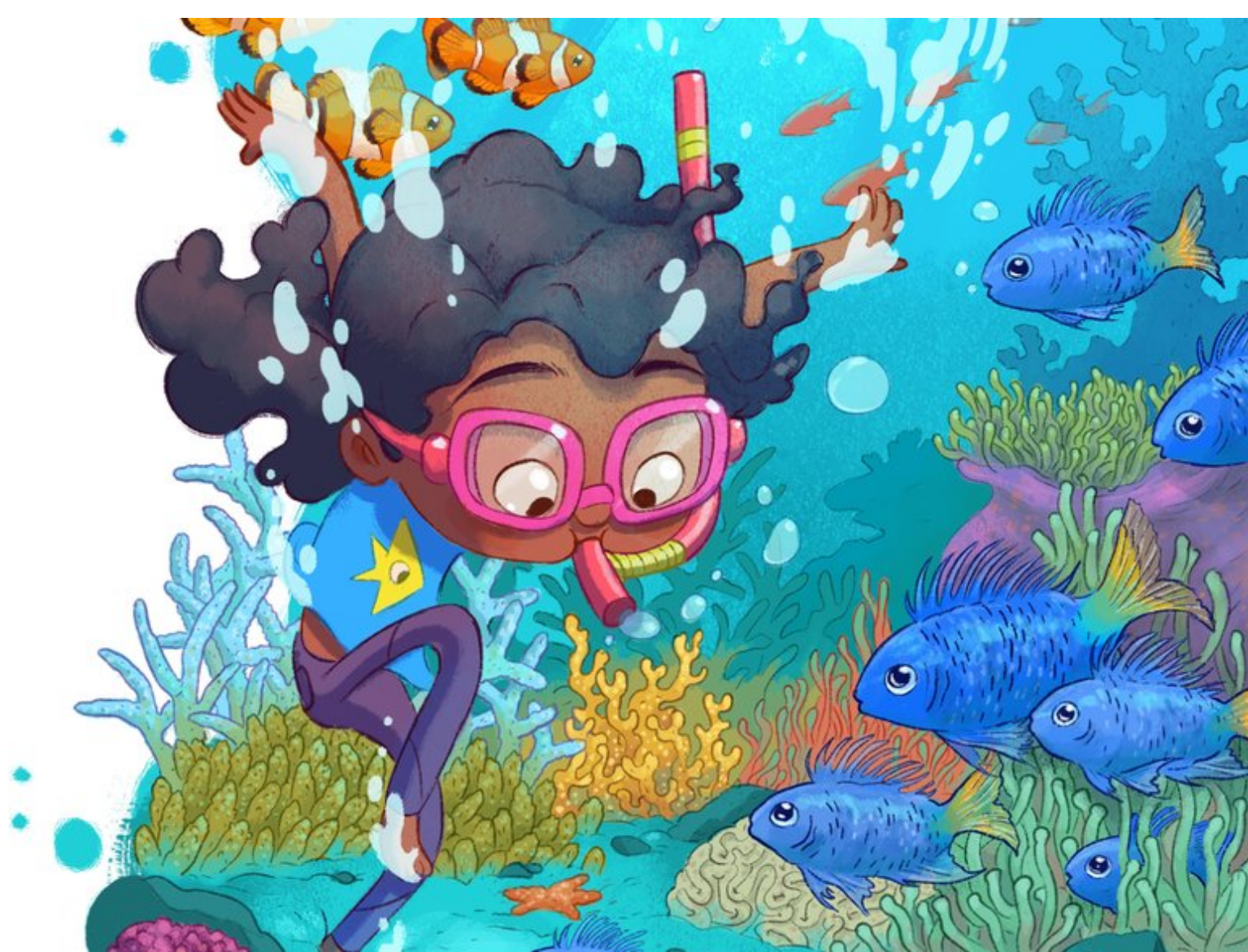
My name is Ziggy, I am very afraid of the ocean and the sea animals that live there! My mother told me to be brave and face my fear of the ocean! I was going to do it! I want to face my fears and show myself that I am brave!



So I slowly went deeper into the ocean, the water kept on rising and rising from my knees to my waist to my chest and to my neck!
I was scared but I kept on telling myself to never give up and to face my fear of the ocean and to be brave!



I could see so much beautiful things the more I went deeper in to the ocean, the animals below me were very cute! and the corals below were as beautiful as a flower! I slowly could not feel the floor anymore but I wanted to go deeper to see whats down there!



I went all the way down to the bottom with no fear but excitement in my heart! I saw many beautiful fish and the corals were amazing! The life of being a fish is amazing as they can just swim around in such a beautiful place!



I swam with so many fish and they became my friends as all of them came to smell me if I was dangerous but they all loved me! They all swam nearby me and took care of me, I swam with them around the corals and the rocks! I am so happy I faced my fears, I am so happy to be free!



"Oh no!" A scary shark has appeared and all the fish swam away! I was not as fast as a fish so the shark looked at me and I felt very scared! But I told myself to be brave and face my fears! I looked at the shark and then the shark was going to bite me but then...



I got saved by these Bottle-nose Dolphins! They rescued me from the scary shark and they were swimming me to safety, I swam with fish and saved from a shark! What a day!
I have learnt to face your fears and be brave by standing up to what you are afraid of and doing it!
You will be free and enjoy that you have faced your fears just like me!

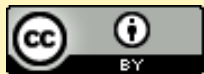
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Fear of the Ocean

(English)

The story is about a little girl who is afraid of the ocean and its inhabitants! She realizes that she wants to face her fears , but does she try? The story teaches us to face our fears and be brave when we come across something we are afraid of and stand up to it.

This is a Level 1 book for children who are eager to begin reading.



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