



Experiencing Books With Your Baby

Reading/Storytelling:

Be the narrator of your baby's day!

Make your baby the star of his/her own show. Simply talking about your daily activities as you do them helps your baby connect language to meaning.

Change your tone of voice based on the response you want from your baby.

Do you want him/her active? Use a higher, upbeat tone! Do you want him/her to go to sleep—use a soft, rhythmic tone.

Take advantage of the fact your baby doesn't need a "story" yet.

Let your baby help you study or enjoy your own favorite relaxing read.

Share books with your baby that introduce simple words and colors—

repeat sharing these books frequently. Your baby will begin to recognize the objects even if he/she cannot yet say the words.

Interacting:

Share textured books with your baby—

help him/ her "pet" the cat or feel the scaly skin of an iguana.

Lie on the floor next to your baby and simply look at pictures with him/her.

Watch him/her make faces and make some of your own!

Try sharing a photo album with your baby!

Point out Mommy, Grandma, Auntie, etc!

As your baby gets older (around the time he/she can sit on his/her own), begin asking your baby to "help me find" certain colors or objects!